

Know Your Strengths and When You Need Help

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Pam: Hey there. Hey there, hey there, hey there, Hey there, and welcome. If this is your first time getting the opportunity to be here with me on [canwillDONE], I want to say to you, as I've already said, welcome. For those of you who have seen and been with me before, welcome to you too. Today I'm doing something a little bit differently. Usually my weeks start off with me having a blog for the week, and it's in written form, but I'm doing something a little bit different, and this is a video. The video is going to serve as the blog, or as they call it, a 'vlog'. The reason why I'm doing this is because I believe all of us should do what we're good at, where our strengths lie. And let me tell you something. I'm much better standing in front of an audience or being on a video than I am sitting down writing. That's not what really gets my boat flowing, so I'm doing something different and I'm making something that's quick and easy for everybody, because we have such busy lives.

So what I want to say and leave you with in this short video ... because it will be short ... is to do your strengths. Did I say that right? And I'm going to be real with you. Because let me tell you something. I had asked people ... because I said, "You know, I've got a lot I want to do, a lot going on, and I'm thinking about moving to just blogging once a month." The feedback for me was, "Do what you got to do, scale up, but if you can, keep the weekly blogs going." This is me keeping the weekly blogs going by doing something that is my strength. Stick with your strengths. I don't know why I can't say that word, but one of the people also said to me, is, "Just tell your story, Pam. Just be you." And that's also what I'm going to be.

So mess-ups and all, me and all, all sweaty because I just got finished working out with my personal trainer. Also excuse me for this being all shaky, but my hands are shaking because I just got finished doing a weight workout with my personal trainer in the shoulders. But I just want to say to you, just be you, do what you do well. And what you don't do well, find someone else to do it for you. Ask for help. Don't be shy about asking for help. I'm learning how to do that. It is hard for me to ask for help. So ask for help, all right? So number one, what are you going to do? Stick with what you do well. And number two, two, two, two, two. What you don't do well, ask for help and have someone else do it for you. All right? Go out there, get it done, have a great one.